

St Mary's Church, Bromley

Parish Magazine

MAY 2024

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Welcome to the May 2024 edition of the Parish Magazine.

Welcome to the May edition of St Mary's Parish Magazine. For various reasons there was not an April edition of the magazine. Due to lack of contributions and a couple of articles received beyond the cut-off date the chances of a May magazine were fast diminishing. However thanks to hard work from Atlanta and a few last minute contributions we now have a May magazine

The magazine is an important part of Outreach for the Church. The magazine reaches many parishioners who are not regulars at St Mary's, keeps those no longer living locally in touch with the Church, and provides news for people who would love to come to Church but through ill health can no longer attend services.

We need more and regular contributions to keep the magazine going. ARE YOU ABLE TO write an article for the magazine or supply a photograph of interest to the Parish? Or would you be willing to become part of the editorial team and have a strong / new input into the Parish Magazine?

Jo Clark

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This month's editor: Jo Clark

Editor for June: Jill Atkinson

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Please support the editors by giving articles and notices to them by the copy date.



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Memorial Book



St. Mary's Church has a memorial book in which may be inscribed names of people associated with the parish. If you would like to know more details please contact Alan or Jean Read on 020 8402 0886.

Disclaimer

The opinions, beliefs and viewpoints expressed by the various participants in this magazine do not necessarily reflect the opinions, beliefs and viewpoints of the Editors.

New Life – post Resurrection ?



We start with something from last time, the very short piece below:

“Alexei Navalny the Russian opposition activist who was reported as having died in a Russian prison in the Arctic on 16th February said:

“Never give up. There is no need to, you are not allowed to give up. If this has happened and they decided to kill me then we are at a moment of incredible strength. All that is needed for evil to triumph is for good people to do nothing. So don’t do nothing.”

As we followed in the footsteps of Jesus to the Cross, another very brave man, through Lent, we remembered and prayed for Alexei Navalny who died opposing president Putin in Russia, and lived knowing always that this might happen to him.

I put this short piece in the last magazine, as I was struck, even then by the parallels between Navalny’s life and Jesus’s life. Both lived their last days on earth in tense and dangerous times, knowing only that they would be attacked, but not many details.

By the time this piece is printed for us it will have been our Easter celebration, and we will be living in the Easter season sharing that good news again, that He is Risen indeed, as we wait for the coming of the Spirit at Pentecost.

It is less certain for Navalny, he may well now be in God’s kingdom, but certainly he will not be forgotten here on earth, for trying to make positive changes, he became a very brave person who died for what he believed in, freedom and democracy.

I am continually amazed by how little changes over human history, or how slowly we Human beings learn new things, because war and murder, rape and destruction, cruelty and injustice, merciless abuse and exploitation, all these continue endlessly unabated, and currently much worse than in the years following the end of the War in 1940s.

After over 2.000 years of Easter celebrations and still spreading the message of good news and new life is risky or misunderstood at best and not heard at all at worst. Worst of all it may also lead to persecution.

On the other hand we know that grace and faith and hope continue, we know the darkness has not yet overcome the light, but if I were writing an old fashioned school report, I would certainly write 'could do better' and 'could try harder.'

There are though still those like Alexei Navalny who risk everything to try and bring positive changes for good to their country or their community, they keep alive the hope for better things.

It has been a particularly gruelling Lent, Holy Week and Easter for bad news. War in the Holy Land of Jesus's birth is always especially dreadful, but the deaths and injuries of so many children are peculiarly awful. Likewise in the Sudan and in every other war zone, the deaths of children are particularly devastating. The only possible comfort might be that they are already with Jesus, but I suspect no comfort at all, because it does not help their parents with empty arms and broken hearts, nor their other loved ones who had hoped for such good things for them .

Here at home too, the perils and difficulties of children seem to get more and more difficult. There is a horrible mixture of mental health anxieties, school phobia, social media dangers and criminality, of inability to be realistic about finding work, or there is exploitation and abuse for those who have already suffered greatly due to Covid.

Their future is at risk and seems challenging and we seem unable or unwilling to take proper care of them, or to protect them from harm. And yet we still have choices and agency, we can act and we can pray to help the change we long for to come.

Alexei Navalny's last message was:

"Never give up" and then to remind us that "All that is needed for evil to triumph is for good people to do nothing." And finally "So don't do nothing."

Towards the end of his ministry Jesus warns that persecution will come in John 16:33 he says “These things I have spoken to you, that in me you may have peace. In the world you will have tribulation: but be of good cheer; I have overcome the world.”

We have been fortunate since the end of Second World War in our part of the world to have a degree of relative peace and stability, the world situation now is very threatening, but we should never give up praying and working and hoping for peace in every land. By so doing we honour the memory and the loss of all those caught up in war and conflict, and we live out our calling to be peace makers, and to be those who share the good news of new life made possible in the Risen Christ. Expect good things! And never give up.

Alison Tyler

THY KINGDOM COME – 9th to 19th May 2024

This year more than a million Christians worldwide will be joining in long-distance prayer between Ascension Day to Pentecost (9th – 19th May).

What started in 2016 with the Archbishops of Canterbury and York inviting the CofE to pray, has grown into an annual international and ecumenical call to 11 days of specific prayer that more people will come to know Jesus.

According to the organisers of Kingdom Come, the movement is now in nearly 90% of countries worldwide and spread among 85 different denominations and traditions.

Kingdom Come explains that it encourages: “Every person, household, and church to pray that those who have not yet heard the Good News of Jesus Christ and His love for the world, will hear it for themselves and respond and follow Him.

“Specifically, we again invite each Christian to pray that God’s Spirit might work in the lives of five people whom they know, who have not responded with their ‘Yes’ to God’s call.”

Whether you have joined in ‘Thy Kingdom Come’ before or not, you are invited to take part this year. Archbishop Justin Welby says: “In praying ‘Thy Kingdom Come’ we all commit to playing our part in the renewal of the nations and the transformation of communities.”

Shaped with the love of the Potters hands 24th February 2024

One memory of a shared experience....led by Canon Gordon Oliver

The first words I remember are "God works with brokenness" and I thought everyone needs to hear this again and to really know this.

The next were God made us from the dust (Gen 2:7) and breathed life into the man – like a kiss, loving and intimate, and we are or were blessed into life. Gordon is a potter and shared with us many of the ways in which the actions of the potter are reminiscent of some of the activities of God. Actions of gentleness seeking and creating balance.

He gave each of us a prayer bowl he had made for us. For me it has been a continuing joy, a simple visualisation for my prayers, my offerings to God and my askings from God.

God is the God of ordinary things, and the throwing rings of the bowl, are like the growth rings of a tree trunk, they are the layers of ordinary life.

The clay on the wheel is centred with care and self-control, not too forceful, it is explored - what does it want to become?

God calls us, God has a purpose for us, but not a detailed plan. It is always possible to start again after a wobbly start, and the clay can be often recycled. The potter's hands form the clay and welcome the bowl that emerges, giving it both a space and a presence, and discarding that clay, which is not needed, for recycling. You can see how God has led you, when you look back and see how far you have come

When the bowl is formed, it is dried and then it is the fired in the kiln.

Wonderfully like the story of Shadrach, Mechak and Abednego in Daniel 3, and reference 2 Cor:9 "My grace is sufficient for you, for power is made perfect in weakness."

God, like the potter, is shaping us into a community of all different shapes, able to meet need and brokenness. A community where mercy is found.

Not like the many vicious and merciless places in our world. In the beatitudes Matt.5 Jesus shows us what it is like to know God, as peacemakers welcoming those who suffer injustice. God is shaping a community of the pure in heart to welcome the wounded and broken.

There was/is much more but not for now perhaps next time

Alison Tyler

Don and Olive Green—70th Wedding Anniversary

It was inspirational to share with Don and Olive Green their extraordinary achievement of 70 years of marriage. We shared a blessing with them and gave a Platinum anniversary rose to plant as a celebration gift.



**Don and Olive,
We wish you many congratulations on 70 years of marriage,
an achievement which is an inspiration to us all.
Well done for living 70 years together,
as companions within the frequently beautiful,
sometimes stormy, or difficult,
often loving and funny,
always interesting togetherness,
that makes for a long marriage.
We thank you for your company on the journey of life and faith,
it is really good to be with you, we love having you with us
and we thank God, for your example of continuing faithfulness and love,
so we ask God's blessing on your life together as you go forward.
May God the Father bless you,
Jesus, his Son be your friend
and the Holy Spirit be your guide and protector,
today and for ever. Amen**





Easter Flowers

The church looked so springlike on Easter Day after the starkness of having no flowers during the Lenten season. Spring flowers are so awakening to the senses and a sign of new growth. It was good for the small flower



team to have extra help on Holy Saturday. The porch was beautifully decorated by Jean Read. Inside the church, the windowsills were decorated by Vicki Andrews, Cathie Cook, Alison Tyler, Chris Soper & Maria Staines and the café tables by Sylvia Chance. The nave pedestal and font by Anne Yolland. All in all there was a great buzz of activity during the morning, with other

folk helping with spring cleaning, brass and silver polishing and providing coffee and hot cross buns. A big thank you to all those who kindly helped in any way and to those who kindly contributed towards the cost of the Easter flowers.

Special Flowers

During the year, a fresh flower pedestal or smaller arrangement can be created, with adequate advance notice. These flowers could mark a special remembrance or occasion, birthday, anniversary, with a donation given towards the cost of the flowers. If you would like to discuss this in more detail, please speak to Anne Yolland.

Floral Demonstrations

You may enjoy spending a relaxing afternoon watching a professional flower arranger demonstrating, rather than hands-on flower arranging. Bromley Flower Club meet on the 1st Tuesday of each month at the United Reformed Church, Widmore Road (near to Boots). The demonstration starts at 2pm, doors open from 1.30 pm. Visitors £5. (first visit free). The next demonstration on 7th May, is 'Let's Mix a Cocktail' with Sue Tausig and on 4th June, National NAFAS demonstrator, Kathy Staangard will be demonstrating 'Surprise Surprise'.

Anne Yolland



A view from the pew



April is a funny month. It certainly starts hilariously, with All Fools' Day, but as it continues it meanders between sacred and secular. Easter usually occupies most of a week, though this year only Easter Bank Holiday Monday is in the month (Monday 1st). The following day is International Children's Book Day, on Hans Christian Anderson's birthday, aiming to inspire a love of reading and to promote children's books.



From the sublime to..., well, to Unicorn Day on 9th April. The unicorn is a popular mythical creature, and a symbol of Scotland. The 9th is also the holiday for the Muslim festival of Eid al-Fitr, marking the end of the month-long dawn-to-sunset fasting of Ramadan. The Indian festival of Rakshabandhan has given us Siblings Day (10th April), honouring our brothers and sisters. Interestingly, the very next day is National Pet Day (11th), celebrating the joy pets bring to our lives.

National Scrabble Day (13th), International Haiku Poetry Day (17th) and World Heritage Day (18th) follow in quick succession – busy month, April!

Earth Day (22nd) aims to raise awareness of the environmental issues which face the planet, promoting sustainability and reduced pollution. Which brings us to Passover (Pesach), the major Jewish spring festival commemorating the liberation of the Israelites from Egyptian slavery.

The feast of Unleavened Bread lasts eight days to 30th April this year. During this time we will remember Shakespeare, born and died on 23rd April, which fortuitously is St George's Day. In keeping with the understated English spirit, the celebrations amount to flying a flag and a bit of morris dancing.

To the end, April continues to be unpredictable. 25th April is Penguin Day, 29th is International Dance Day and 30th is International Jazz Day. It starts with jokes and it ends with music – what a great month (of April showers) to celebrate!

Peter Fall



Newspaper headlines where you know what they meant, *but....!*

Couple Slain; Police Suspect Homicide
Red Tape Holds Up New Bridges
Man Struck by Lightning: Faces Battery Charge
New Study of Obesity Looks for Larger Test Group
Astronaut Takes Blame for Gas in Spacecraft
Kids Make Nutritious Snacks
Local High School Dropouts Cut in Half
Hospitals are Sued by Seven Foot Doctors



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Choir Notes

This year, the church choir has sung excerpts from Arthur Somervell's oratorio "The Passion of Christ" on Sundays. These have been performed during the regular services, fitting well with the season approaching Easter.

"The Passion of Christ", follows the story of Jesus from the Last Supper to His death on the cross. It contains a number of Choral Meditations, ranging from the opening number, "O Saviour of the world", to "Into the Father's ever willing hands" at the end. These comment on the story as it moves to a climax, rather as Bach does with the chorales in his great Passions. All of them are suitable for independent performance, and St Mary's Church Choir arranged to sing these at the services leading up to Easter, as appropriate, on Palm Sunday, Maundy Thursday and Good Friday. Our organists are most supportive and helped the choir with preparation on the day, ensuring that they were commenting musically on the story, enriching and not disturbing the act of Communion taking place.

Down the years, St Mary's has often produced a performance of an Easter cantata with an enhanced "Festival" choir from local churches. This proved impossible during the Covid pandemic, but re-introducing music from one of the many cantatas this year gives hope that we may again be able to tackle a full Easter oratorio in future years. This would also rekindle friendships formed with singers from other churches and traditions, as well as providing a fuller choral sound to match the acoustic of our magnificent church building.

I should mention the choir's use of an introit on Palm Sunday and Easter Day. The congregation met in the church hall on Palm Sunday and the choir sets the tone with an unaccompanied rendition of "Hosanna to the Son of David" (by Hutching). They then led the procession to the church while singing "Ride on, ride on in majesty", hoping that they hadn't lost too much pitch on the way!



The organist sensitively ushered them back to the correct note and the hymn is repeated until all have entered the church and found their place. On Easter Day, Elvey's boisterous "Christ is risen from the dead" was sung and set the tone for the upbeat service that followed. The choir anthem, unsurprisingly, was "This joyful Eastertide" by Charles Wood.

Peter Fall

Dear St Mary's Bromley

I hope this email finds you well and filled with the same warmth and compassion you extended to us during Lent.

I am writing to express our deepest gratitude for St Mary's generous contributions to our Foodbank during the giving season. Your support has made an immense difference in the lives of Bromley residents who are currently struggling to cover the cost of essentials.

Thanks to the collective efforts of **29 churches**, including yours, we were able to gather a remarkable **1,816KG** worth of food donations. This abundance of provisions enabled us to assemble 7-day food parcels, which were distributed to **over 90 individuals** facing food insecurity in our local community.

Your kindness and dedication to serving those in need is truly commendable. Your donations have not only provided essential support, but also brought hope and reassurance to many during these challenging times. Please share our sincere gratitude with all who contributed!

In addition to our heartfelt thanks, I am excited to share some news with you! We will be welcoming a new **Church Engagement Volunteer** to our team in mid-May. Their role will be to strengthen our relationship with the religious community and explore ways to provide a more comprehensive exchange between the Foodbank and Churches. They will be reaching out to you soon to hear your thoughts and ideas on how we can enhance our collaboration to better support the people we serve.

Once again, thank you for your unwavering support and commitment to making a positive impact in the lives of others. We are deeply grateful for your partnership and look forward to continuing our journey together as we work to create a more compassionate and supportive community for all.

With gratitude,

Ray (& the BBF Team)



Mothers' Union Matters



By definition, members of Mothers' Union have children, and about half of these children are boys. Recently there has been much emphasis on empowering girls, to help overcome the historic and traditional bias in looking to the male as leader. Sheran Harper, MU Worldwide President, has reflected on this dilemma, as she has boys in her family.

'How are we empowering the girls and leaving the boys behind, when the two are expected to journey together in life?' We stand side by side with boys through school, through work, getting married, interacting with each other and socialising. 'How can the two interact together, when the girls stride forward and leave the boys behind?' These are important questions to ask when we look at future generations and the future leaders of tomorrow.

'If want leaders in our homes and communities and the men to lead, this is all down to how we parent them.' The parents are responsible for nurturing and teaching the child about how to act and live in the world. Therefore, the parenting of *all* children is very important.



'You must start from the beginning; teach the boys that they are leaders and co-leaders with their sisters. Make sure that boys grow up knowing their sisters are with them and they should love them and help them.' But don't just let boys know this, the girl child should receive the same teaching."

Sheran noted that girls are a little faster to mature than the boys, therefore you have to spend more time nurturing boys to build their confidence and self-esteem. "Show them how to give love and affection as well as receive. Teach them how to be kind, patient, true and sincere, all significant traits to be a fully rounded adult. In a world where it is seen as weakness to

show emotions as a man, it is important to teach boys how to express themselves healthily and be conscientious.”

Finally, she asked us to question what kind of relationship did we build with our child? Were we shouting, hitting them, taking out our own frustrations unfairly on them? Or were we listening, understanding, encouraging them in areas they were weak? It is crucial to tell them how good they are. To not compare them to others. To tell them ‘you did your best’ and be positive. This will build on their confidence and self-esteem.

Every child is a gift of God. He only made one of you.

Peter Fall

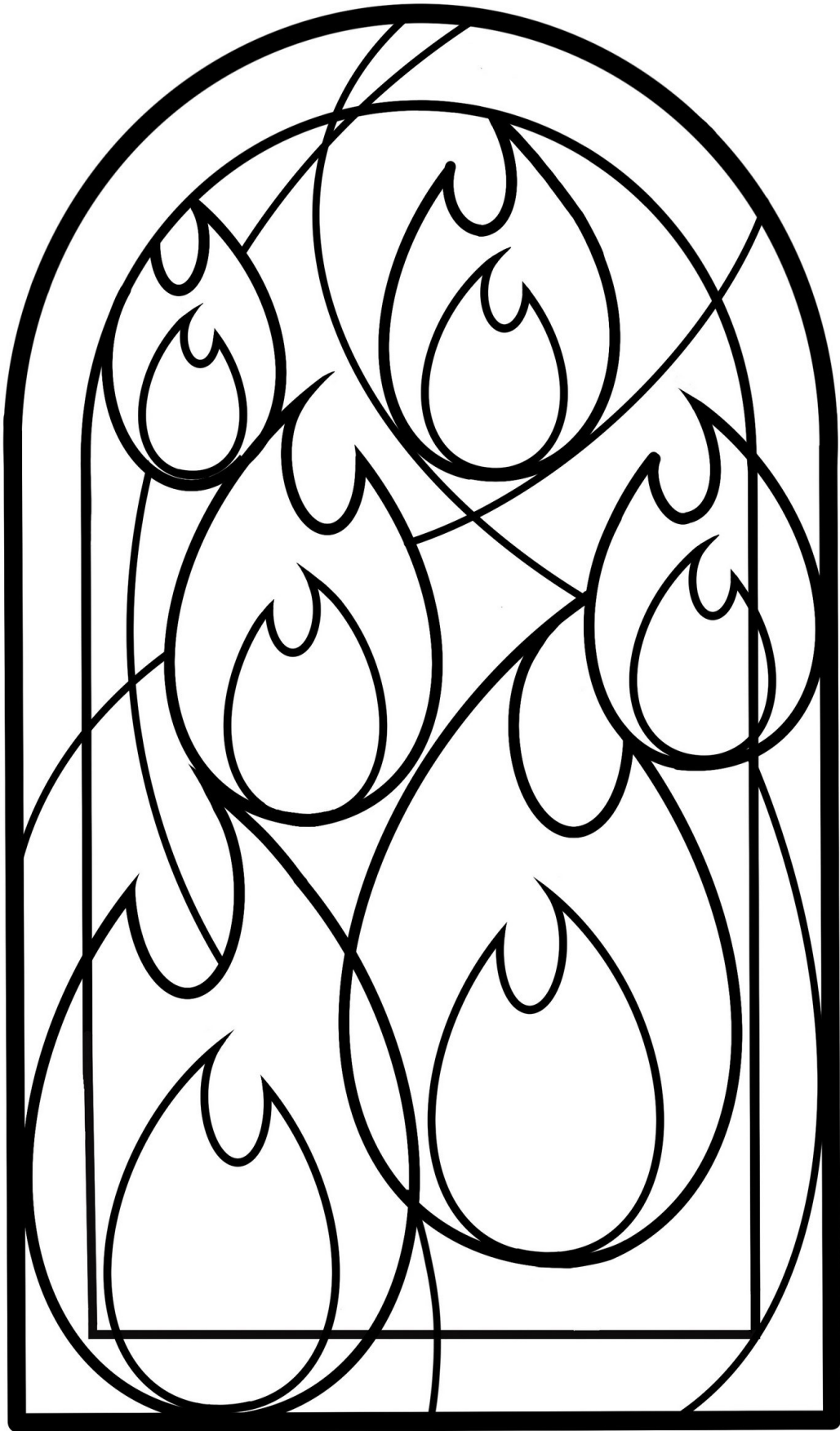
MU Programme

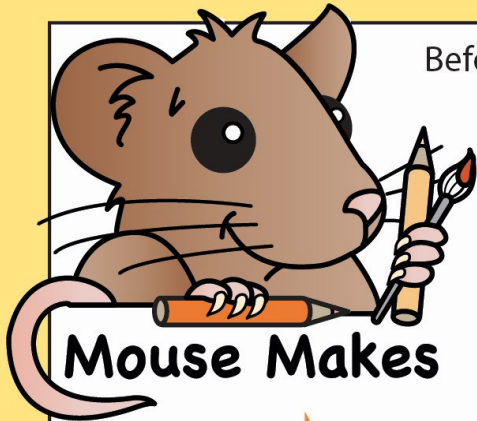
Wednesday 1 st May	10.00 in Church	MU at Grace Café
Thursday 16 th May	10.00 in Buchan Hall	Knit and Knatter
Saturday 18 th May	10.00 in Warwick Hall	Plant Sale , with refreshments ...and maybe some books



Careplus aims to provide free local volunteer support for older people locally. Their needs are met for befriending, social support and practical assistance. This is undertaken by volunteers who give support in the form of befriending, shopping and transport.

Please consider helping Careplus. It will also be wonderful if there could be a representative of St. Mary’s Church to be on the organizing committee which meets three times a year. To know more please speak visit <http://www.careplusbromley.org.uk>



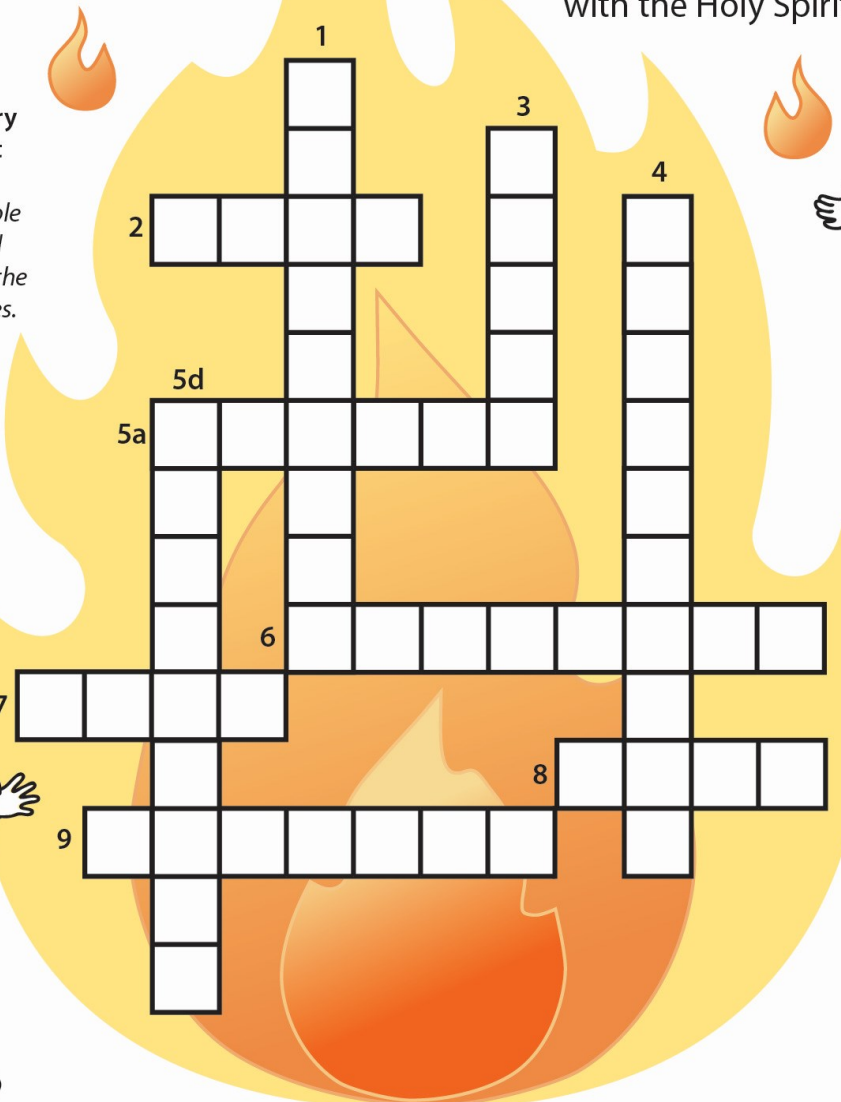


Before Jesus ascended to heaven he told his disciples
*"You will receive power when the Holy Spirit
 has come upon you, and you will be my
 witness in Jerusalem and in all Judea
 and Samaria, and to the end of the earth"...*
 ...When the day of Pentecost arrived,
 they were all together in one place,
 and they were all filled
 with the Holy Spirit."



READ the story
 of Pentecost
 in Acts 1-2
 Look up the Bible
 verses to find
 the answers to the
 crossword clues.

How many
 words can you
 make from
 the letters of:
 DAY OF
 PENTECOST



- 1 After Jesus ascended into heaven, which city did the Apostles return to? *Acts 1:12*
- 2 What appeared? Tongues of ...? *Acts 2:3*
- 3a What did the Apostles devote themselves to? *Acts 1:14*
- 3b Who was chosen to replace Judas? *Acts 1:26*
- 3c Which special day was it? *Acts 2:1*

- 4 What rushing sound came from heaven? *Acts 2:2*
- 5 What appeared? Tongues of ...? *Acts 2:3*
- 6 What were the disciples filled with? *Acts 2:4*
- 7 What did they start speaking in? *Acts 2:4*
- 8 Who spoke to the crowd? *Acts 2:14*
- 9 Who had prophesied this? *Acts 2:16*

**A Quiz on the Olympic Games (both Summer and Winter)
(there are no questions on who won what, where or when)**

- 1 Who was the founder of the modern Olympic Games?
- 2 In which year were the first (modern) Games held?
- 3 Were the last Games of the 20th Century Summer or Winter Games?
- 4 Has a Central American country ever hosted the Games? If so, where and when?
- 5 Apart from (fairly obviously) Iceland and the Faroe Islands, name the only Scandinavian country never to have hosted the Summer or Winter Games.
- 6 In which city is the Headquarters of the International Olympic Committee?
- 7 At the 1988 Winter Olympics (in Calgary), a team from Jamaica entered the 4-man bobsleigh competition. Name the film (released in 1993) telling the story of their achievements.
- 8 In which year were the Summer and Winter Games held in the same year for the last time?
- 9 When and where were the first Winter Games?
- 10 In 1996 the Olympic Flame travelled into space (for the 1st time), name the space shuttle on which it flew. And...
- 11 Give the location of the Summer Games that year.
- 12 What was the actual date (month and date therein) in 1984, in Sarajevo, when Jayne Torvill and Christopher Dean won gold in the ice dance competition?

Brandy and other delights



Figure 1 Medium Scale Distillation. Picture from Freepik.com

We all know what brandy is – concentrated wine. In fact the very name, brandy comes via Germany from the Dutch “brandewijn”, means burnt wine, named by the Dutch merchant who wanted to convert the wine into a smaller volume to make it easier to transport. Initially he intended to dilute it on arrival, but the result was not quite the same as the original wine. However, the burnt wine was considered most acceptable by the merchant’s clients, so he stuck to it.

Actually, distilling has a long history. It seems to have started about 6000 years ago, probably in Mesopotamia, where equipment suitable for dry distillation of perfumes has been found in archaeological sites in Iraq. It seems surprising that this method was discovered so much earlier than the distillation of liquids that we are more familiar with, but the equipment found has been reproduced and gave good results in distilling various aromatic oils such as terpenes from pine needles.

The equipment used was made of terracotta and was fine for aromatic oils, but would not have been able to resist the heat needed for distilling alcohol from wine. Very similar vessels are still in use today in the domestic manufacture of rose water in the villages of Iran and Iraq.

We have to wait quite a while for the distillation of alcohol. The Greeks and Romans had the potential to make it, but they preferred to stick to beers and wines, both for drinking and also to use in medicines.

Writings from 4th century Greece credit the first modern distillation with an alembic to the western alchemist Maria the Jewess between AD 200 – 300, but it does not seem to have really caught on until Arabic times in the mid 700's that Jabir ibn Hayyam designed and used an alembic to distil flammable alcohol from liquids produced by fermentation. He thought that it was interesting, but of little use. Indeed it is fascinating to see it burning with a cool blue flame. So cool that you can set fire to a puddle of alcohol in the palm of your hand without burning yourself. Actually, you need big, man-sized hands to do this, so I used to demonstrate it by wetting my cotton overall sleeve with alcohol and setting light to that. Flashy and no burn marks.

It was not long though before others realised that this alcohol was worth drinking. But the 780's Abu Nuwas the poet was also renowned for drinking. Even so, Alcohol was still more used for medicines and tinctures than for drinking.

As with so many other developments, it was eventually brought back to Europe. The renowned Persian philosopher Avicenna included the making of tinctures in his work "the Canon of Medicine" which spread into Europe via Spain and also, after the sack of Byzantium, by refugees, travelers and probably Crusaders, retaining the Arabic style name with the prefix "al" for both Alcohol and the Alembic.

Once back in Europe, alcohol was also at first used for its medicinal properties. Alcohol will dissolve a wider range of substances than water and it will also preserve the resulting solution to give medicinal tinctures that can last. But, eventually, inevitably, people started to drink it. Even so, the use of alcoholic tinctures in medicine still continues to this day.

The distillation of alcohol has to be done with some care, so as to eliminate the methanol which comes off first at a lower temperature. Methanol will cause nerve damage, including blindness, as is a good reason to avoid the alternative method of concentrating the alcohol by freezing out the water to form Moonshine. Moonshine contains everything that was in the original fermentation, whereas you should throw away the first, lower temperature fraction when you distil alcohol. It is said that the ethanol in the distillate will protect you from the methanol, but I would not want to put it to the test myself.

Once you have the more concentrated alcohol solution, the interesting bit starts. How to make it palatable. According to Abu Nuwas, the raw distillate burned the throat like fire and then attacked the inside of the ribs like a sawing knife. It would take a dedicated drinker to appreciate that. The details of the preparation of the various spirits that we take for granted today – brandy, whisky, rum, vodka and so on are a story in themselves. Nations pride themselves of their own variations, setting up their mythologies of how to drink it as well as how to make it, so I will leave that for another time.

Trine Hevezi

,The rewilding plan turning churchyards into ‘living sanctuaries’

How can we encourage new life in our churchyards this year?

The Bishop of Norwich, the Right Revd Graham Usher, recently called for “land action plans” to be developed to encourage and enhance biodiversity across the estates owned by the C of E. The bishop urged that churchyards should be rewilded to become “places for the living, not just the dead”.

With the C of E responsible for around 17,500 acres of churchyard alone (notwithstanding a further 70,000 acres of agricultural land owned by dioceses which is known as glebe land and is largely leased to tenant farmers), such a concerted push could have a dramatic impact on enhancing Britain’s biodiversity.

There is another reason that churchyards have the potential to be such an oasis of wildlife across the country. As consecrated ground, they have been largely spared the ravages of industrial farming and development which has decimated Britain’s flora and fauna elsewhere. Ancient trees have been left to grow and the earth left undisturbed for centuries.

Several national schemes exist to support the rewilding ambitions of church congregations. A charity called Caring For God’s Acre provides an action pack for those considering rewilding consecrated ground, while since 2016 the Christian charity A Rocha UK has offered an “eco church” accreditation.

PP



Prayer during our Vacancy

Loving God,
we ask you to be present with the St Mary's family
as we wait and pray for a new vicar.
You know those things that we need to encourage us in
our faith;
and you know too the person we need to teach us and
lead us,
before we can even form the thought to ask you.
Whilst we wait keep us patient, wise and united,
working together for the good of our community.
Build us up into a flourishing and inclusive part of Christ's
body
of love and service,
make us ready to welcome and to work with the one you
send.
We offer our prayer in the name of Jesus our friend and
brother. **Amen.**

**We thought possibly we could undertake to pray in our
own homes or offices either early in the morning or
sometime between 5-6**

Blessings

Worship Diary

We offer a variety of services through the year. They are mostly on a Sunday at 10.30am and are mostly Family Communion. Most months we also have a Family Service which does not include Holy Communion. We hope you will find us a warm and friendly congregation. If you have questions about what we do, why we do it or how you might like to be more involved please do speak with a Church Warden, a sidesman... or anyone really!

Our Sunday Club is a valued provision for our youngest members. They do not meet when we have a Family Service or during school holidays.

Services for May

Sunday 5th May—6 Sunday of Easter

10.30 am Family Communion with Sunday Club

Thursday 9th May - Ascension Day

8.00 pm Holy Communion

Sunday 12th May—Sunday after Ascension

10.30 am Family Service with Holy Communion

Sunday 19th May— Pentecost

10.30 am Family Communion with Sunday Club

Sunday 26th May - Trinity Sunday

10.30 am Family Communion with Sunday Club



Quiz Answers

- | | | |
|------------------------------|----|----------------|
| 1. Pierre de Coubertin | 7 | Cool Runnings |
| 2. 1896 | 8 | 1992, |
| 3. Winter (in Nagano, Japan) | 9 | 1924, Chamonix |
| 4. Yes. Mexico City, 1968 | 10 | Atlantis |
| 5. Denmark | 11 | Atlanta |
| 6. Lausanne | 12 | 14 February |

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